

Attention Members:

The following class(es) will be cancelled and/or changed, due to instructor /sub availability:

30/30 CycleSculpt @ 9:30am
Thursday, 3/13/25

Lunch Crunch @ 12pm
Thursday, 3/13/25

Mat Pilates (LATE START)
Thursday, 3/13/25

***will run 7:15-8:00pm and be a POP
Pilates Format w/ Sub Amelia G***

All class(es) effected will resume to normal the next week.
We apologize for any inconvenience. We appreciate your understanding.
Thank you! -LCP Management

