

Job Description

Job Title: Life Guard	Department: Aquatics
Reports To: Director of Aquatics	Status: Non-Exempt

JOB SUMMARY

Responsible for ensuring the safety of LifeCenter plus Members and Guests, by preventing and responding to emergencies.

ESSENTIAL DUTIES AND RESPONSIBILITIES

- Practice "Pro Active" Life Guarding to prevent injuries and accidents.
- Be upbeat, polite, and pleasant to all our patrons. (But do not let them become an intrusion)
- Smile at the patrons they are the ones paying you!
- Enforce all LifeCenter Plus Pool rules, policies and regulations.
- Be on time to work. Clock in 10 minutes prior to your start time and report to your station.
- At Shift change you will conduct temperature and chemical tests of all bodies of water.
- Report to work mentally alert and physically ready to save a life.
- Come to work in approved uniform, looking neat, and clean. (A whistle is part of your uniform)
- Have your rescue tube ready & show proper technique, and posture on stand or on walking patrol.
- Scan your coverage continuously, completely, and be sure to include the pool bottom in your scan.
- Inspect the facility on a daily basis and report any unsafe or unusual conditions to your supervisor.
- Complete Records and Reports when required.
- Maintain your personal fitness level with a minimum of two 30 min sessions of vigorous exercise per week to be logged and turned into your supervisor on a monthly basis.
- Complete secondary duties as assigned by your supervisor providing it is safe to do so.
- Keep the pool area neat clean and tidy. (If you have time to lean you have time to clean!)
- Cover your own shifts. Once scheduled it is your responsibility to find a sub and report that change to the Aquatics Director.
- No Cell Phones, Texting, Ear Buds, IPods or other electronic distractions within three meters of your body while you are on duty.
- Protect yourself. Sun Glasses, Sun Screen, Proper Hydration are essential in order to guard well.

MINIMUM REQUIRMENTS

Current American Red Cross Life Guarding / First Aid Certification. Current American Red Cross CPR / AED for the professional rescuer.

- Must be highly motivated
- Excellent communication and interpersonal skills
- Good organizational skills
- An understanding of health club operations
- Must be able to work days, evenings, and weekends as necessary

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES

- Prospective Guards must swim 500 meters non-stop. The first 200 meters is to be front crawl. The second 200 meters will be breast stroke and the last 100 meters can be any combination of front crawl and breast stroke.
- Prospective Guards will demonstrate the ability to tread water for five minutes.
- Prospective Guards will demonstrate they can retrieve a 10 pound rubber brick from 8 feet of water and swim it a minimum of 10 meters to the side of the pool and then place the brick on the deck.
- Prospective Guards will demonstrate proficiency in water rescues, first aid and CPR / AED skills.
- This test will be given as a pre-employment test and periodically thereafter.
 - Must have experience in related tasks
 - Experience in a health club or recreation center
 - College degree (obtained or pending) in Exercise Science or related field
 - CPR for the Professional Rescuer, First Aid, and AED certifications (must be obtained within 60 days of hire)

