

# July UPCOMING EVENTS

Wednesday

3

Outdoor Hydro-Pilates Popup Class @ 10am

Sunday

14

Family Fun Day @ Outdoor Pools: Christmas In July 12-4pm\*

Thursday

25

Group Swim Lessons 6-Week SESSION TWO (times vary)

Thursday

4

Happy July 4th Facility CLOSED Outdoor Pools OPEN 11am-6pm

Wednesday

17

Outdoor Hydro-Pilates Popup Class @ 10am

Friday

26

Come Line Up! Low-Impact Line Dancing Popup Class @ 5:30pm

Monday

8

Outdoor Pools CLOSE @ 5pm: AMSA Home Swim Meet

Tuesday

23

Group Swim Lessons 3-Week SESSION THREE (times vary)

Monday

29

Summer-Fall Racquetball League STARTS (times vary)

Sunday

14

Outdoor Aqua Combo Popup Class @ 10am

CHECK OUT SEPARATE FLYERS & EVENT POSTINGS FOR FULL DETAILS ON EACH EVENT ON OUR SAVE-THE-DATE / REGISTRATION WALL NEAR THE FRONT DESK!



LifeCenter plus  
Health and Fitness Center